

C. G. Jung Society of Victoria



## Mourning the Dream /Amor Fati

**A Lecture Presentation by Susanna Ruebsaat** with an Illustrated  
Mythopoetic Inquiry: Talk, Slides of Art Work  
and a Small Experiential Activity

Friday, March 6, 2020, 7:00 pm David Strong Building C122



University of Victoria

**Mourning the Dream / Amor Fati** is a mythopoetic inquiry, a narrative of the imagination which mirrors an alternate story that dwells beneath consciousness or the dominant story (individually or collectively). In that space of mirroring, we create the story as we are living it, writing the narrative at the same time as we are reading it to ourselves and to the world; we are creating a vision while seeing, an imaginative vision about what is and what can be. We are also coming to understand that mourning the dream of who we thought we were meant to be, and loving our fate, is one and the same; one cannot exist without the other. In the archetypal encounter of self and “other”—that numinous meeting we both long for and are terrified by—we enter into an alternate realm beyond the literal and into the symbolic. In the unravelling of the ego that takes

place here, the dissolving of the “I” we most identify with, lies the possibility of turning to a deeper story than the one we already know. Do I tell my story from the perspective of who I think I am? Or what I think or feel about myself? Or can I step into the narrative of this “self” that is “other”? Here I am imagining my story reflected in your story. This is where a dialogue of dreaming together emerges with both universal and highly personal questions. <https://wipfandstock.com/mourning-the-dream-amor-fati.html>

The term mythopoetic is made up of:

Myth: of or relating to the making of myths: narrative. Self-story, life-story that explains how the world (or individual or group) and humankind came to be the way they are.

Poetic: poetry is both reflective and a language of reflexivity, the kind of aesthetic that turns around and looks back at itself.

Mythopoetic implies that the myth holds meaning in its reflexively looking back into itself. It is a story that turns around and looks back at itself through the lens of the creative process.

"Surely all art is the result of one's having been in danger, of having gone through an experience all the way to the end, where no one can go any further."

— Rainer Maria Rilke, Letters to a Young Poet



**Susanna Ruebsaat PhD, BFA, T.Ed, MA. BCATR, RCC** specializes in a symbolic approach to psychological work through exploring the presence of personal and collective myths living in Psyche. In her book “Mourning the Dream/Amor Fati. An Illustrated Mythopoetic Inquiry, Dr. Ruebsaat presents a mythopoetic approach for those wanting to bring an archetypal lens to their process. She offers private and group sessions (with or without art making) in her private practice, as well as facilitating courses through the Vancouver Island Counselling Centre in Victoria. [www.inner-image.ca](http://www.inner-image.ca)

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